



# r e S P E C T

A zine created by  
UniSA students

during Respect  
Month 2022



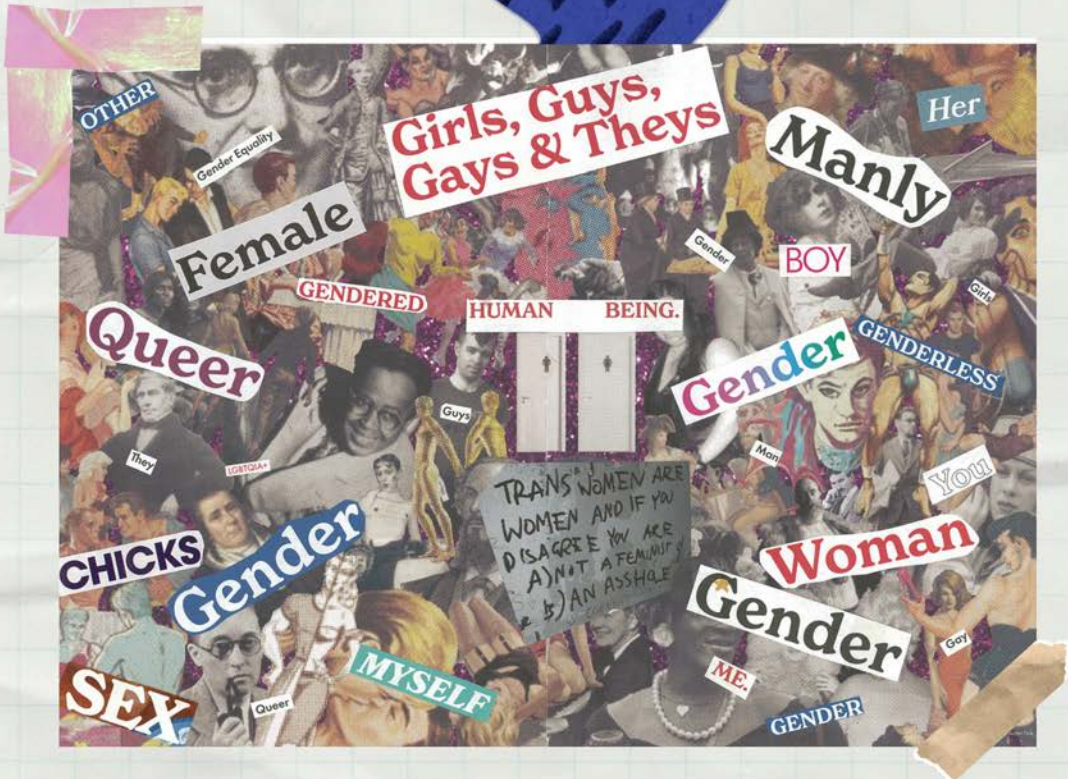
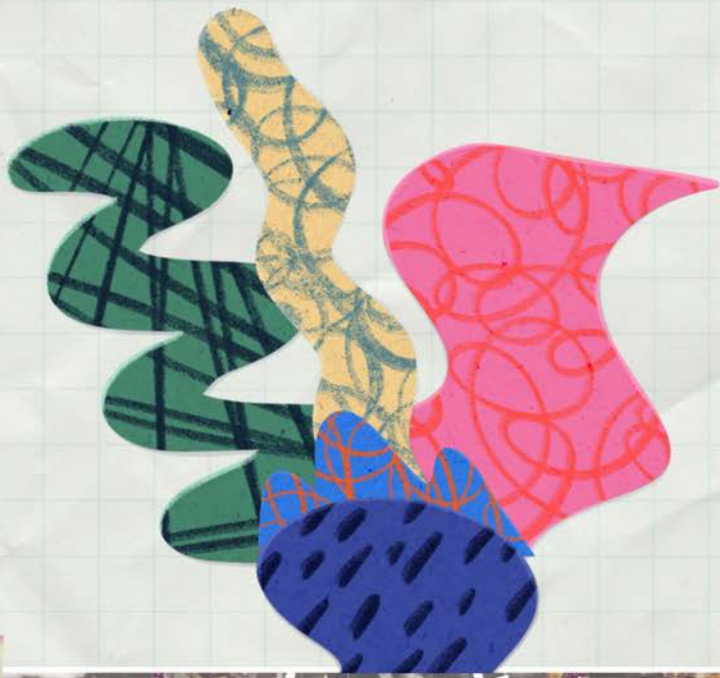
It can be difficult to have conversations around respect. So, in April 2022, UniSA ran a series of crafty events on-campus where we chatted with students about respect, consent, and healthy relationships.

Workshops were facilitated by local artist and crafter extraordinaire Calamity Tash, as well as UniSA staff. Collages were made directly by UniSA students, with some handiwork by Calamity Tash and her team, based on conversations with UniSA students about what respect means to them.











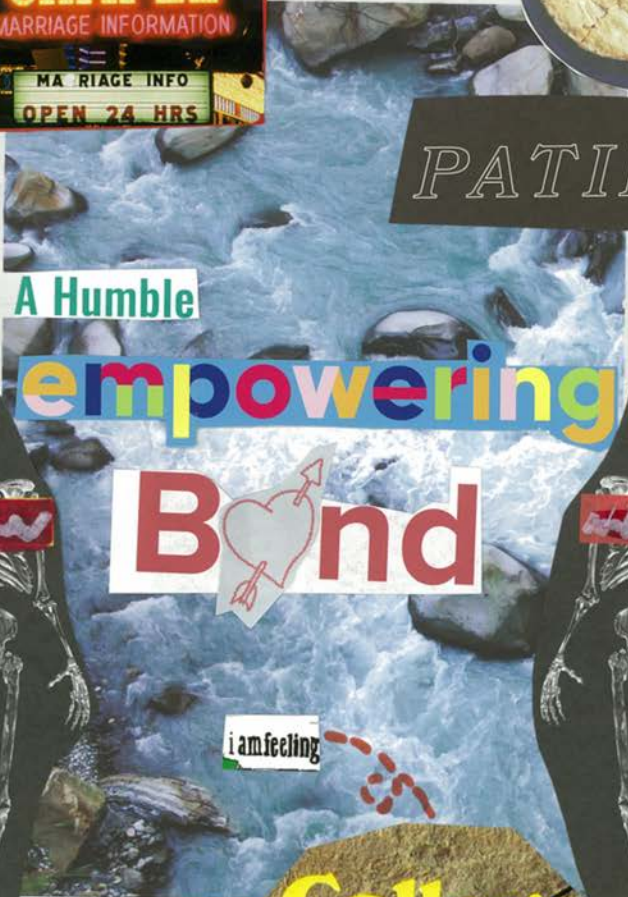
Just because you bought  
a drink,  
don't mean I owe you  
thing!!



RESPECT



PATIENCE



A Humble

empowering

Bnd



i am feeling





slow down

REST

RECOVER

TAKE

Care

OF

YOUR

Self



all the feels

feeling

AFRAID?

Is This Body Even Mine?

LET'S

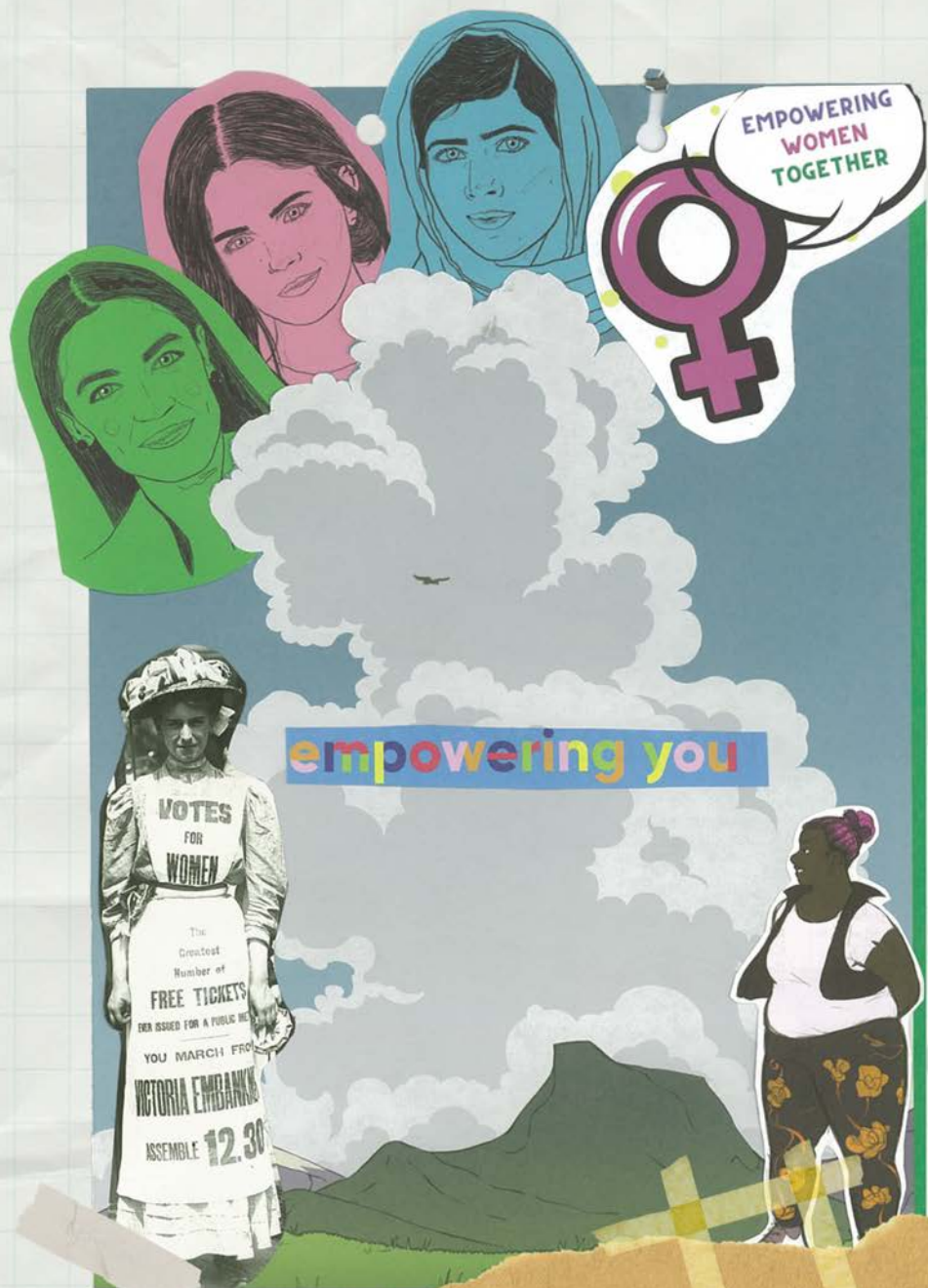
SLOW IT DOWN

HAVE

PATIENCE

What's Mine Isn't Yours





EMPOWERING  
WOMEN  
TOGETHER

empowering you

VOTES  
FOR  
WOMEN

The  
Greatest  
Number of  
FREE TICKETS  
EVER ISSUED FOR A PUBLIC MEETING  
YOU MARCH FROM  
VICTORIA EMBAKONGA  
ASSEMBLE 12.30

**Relationship Green Flag:**  
Open Communication about  
your thoughts + feelings

**Relationship Green Flag**  
Empathy

**Relationship Green Flag**  
You are comfortable being  
yourself around them!

**Relationship Green Flags**  
Respecting each others  
boundaries!

**Relationship Green Flag:**  
Share your plans with  
each other without  
controlling each other

**Relationship Green Flag**  
**CONSENT!**

**Relationship Green Flag**  
Shared Activities!

**Relationship Green Flag**  
They get along with  
your friends & want  
to hang as a group

**Relationship Green Flag:**  
Respecting each  
others space + privacy

**Relationship Green Flag:**  
Trust & Honesty

**Relationship Green Flag**  
Supporting your goals  
& ambitions!





**Relationship Green Flag:**  
non-toxic  
communication

**What's Mine  
Is Not Yours**

**EVEN MINE?**  
CONSTANTLY BEING CRITICISED FOR NOT ADHERING TO THE TOXIC & UNATTAINABLE BEAUTY STANDARDS OF THE CAPITALISTIC SOCIETY WE RESIDE IN.



*crossed i*

*rally*



CELEBRATIONS

RESPECT

Pretty  
**WESOME**

HONESTY!

Relationship Green Flag

WORLD  
IS  
YOUR'S



Change your image . . . and you change your life!



F\*\*\*  
GENDER  
NORMS!

IM SICK OF  
THEM.

It's not  
that  
hard!

RESPECT



OUR

PRONOUNS



Female fantasies

MENTAL HEALTH

Looking after your  
is a team effort

Crying

It's ok.

Will 1973 be a  
successful  
year for you?







Crafting  
Brings me  
**Joy**



# A HEALTHY \* RELATIONSHIP \* LOOKS LIKE:

Respecting Boundaries  
- What do you like?  
- What do they like?



Balance 50/50  
Equality Together  
Shared

Figuring out  
how the other person  
interprets love, not  
just how you do.





DONT TELL ME TO



SMILE

# Respect in Friendships

Without respect  
there is no  
friendship!



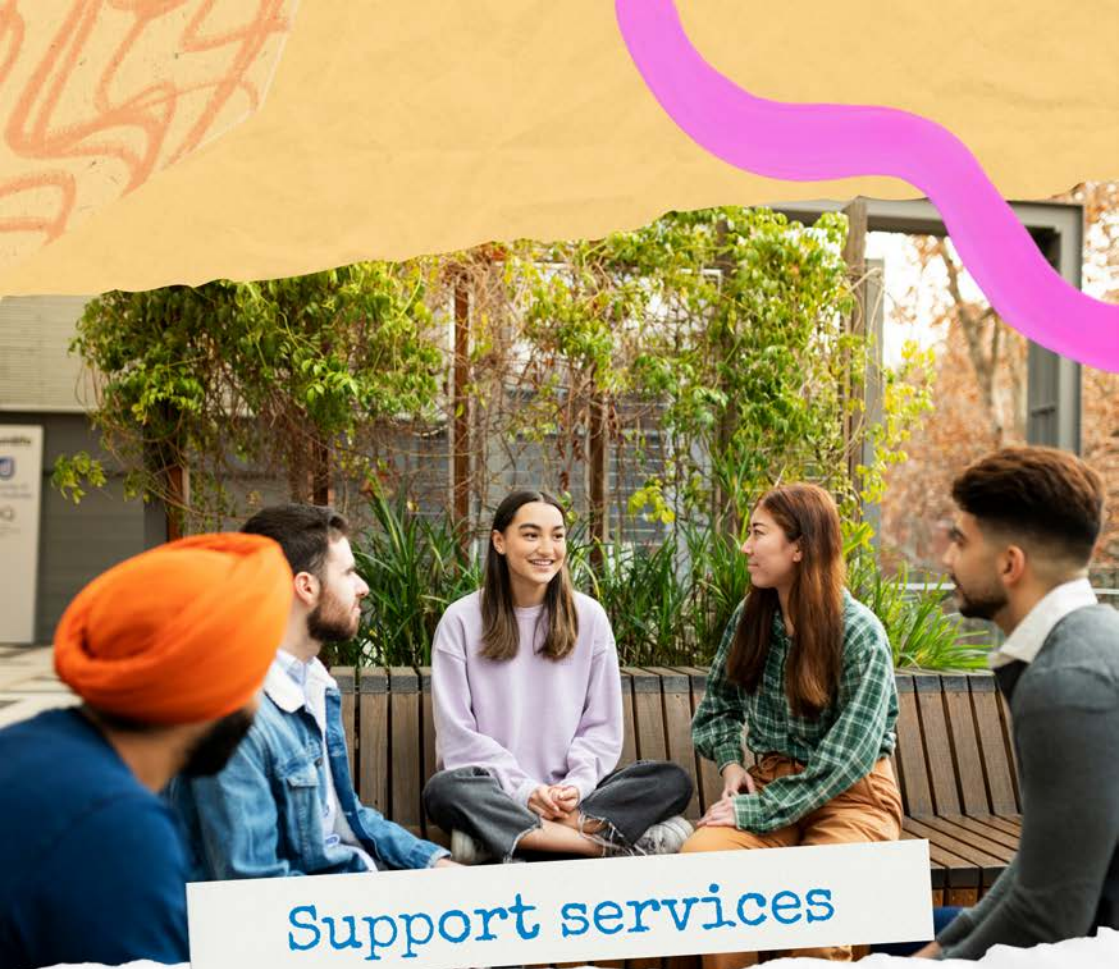
Ability to talk  
to them when  
you're upset



Boundaries - jokes  
but know when to  
stop







## Support services

If you're feeling disrespected, unsafe, uncomfortable, or threatened, help is always available.

There are a range of free support options available to you if you have experienced sexual assault or sexual harassment.

Find out more information about your support and reporting options at UniSA on our website: [unisa.edu.au/sash](https://unisa.edu.au/sash)

## Counselling

As a student, you can access free and confidential counselling through the UniSA Counselling Service. Book an appointment online or by phone (1300 301 703).

## 24/7 support

You can call 1800RESPECT (1800 737 732) and Yarrow Place Sexual Assault Crisis Line (08 8226 8787) at any time. As a student, you can also call the UniSA Out of Hours Crisis line (1300 107 441). In an emergency, contact 000 for police or ambulance.

## Safezone and security

UniSA's Campus Security is available 24 hours a day. Plus, download the SafeZone app and connect directly to the UniSA Security team.



## 1800RESPECT

1800 RESPECT is a national counselling and support service for people impacted by sexual assault, domestic and family violence. You can call 1800 RESPECT on 1800 737 732 - the hotline is open 24 hours a day, 7 days a week. You can also chat online via their website.

## Yarrow Place

Yarrow Place Rape and Sexual Assault Service provides support for people over the age of 16 who have been sexually assaulted in South Australia. Yarrow Place provides 24 hour crisis response, including medical and counselling services for recent sexual assaults. Phone 08 8226 8787 (24 hours/7 days) or 1800 817 421 (for country callers) or visit their website.

## Living Well

Living Well (07 3028 4648) provides supportive, accessible and respectful service to men who have experienced sexual abuse or sexual assault, their partners, friends and family. This is a free service.

## QLife

QLife is a national telephone and web counselling service for lesbian, gay, bisexual, trans and intersex (LGBTI) people, families and friends. QLife provides nation-wide, early intervention, peer supported telephone and web based services to people of all ages across the full breadth of people's bodies, genders, relationships, sexualities, and lived experiences.






## Reporting

If you have been subjected to sexual assault or sexual harassment, you have control of what action you take (including no action) and you can change your mind at any time.

Find out more information about your support and reporting options at UniSA on our website:  
[unisa.edu.au/sash](https://unisa.edu.au/sash)





Respect

at UniSA



UniSA is committed to a respectful and inclusive culture in which all students and staff feel safe. A safer community means everyone can reach their full potential.



[respect@unisa.edu.au](mailto:respect@unisa.edu.au)



[unisa.edu.au/sash](http://unisa.edu.au/sash)